



## **Ball Sharing Drill**

**Equipment Required:** Basketball

**Ball Space Required:** Medium to Large

**Group Size:** 10 or more

**Skills:** Communication Teamwork, Name Recognition

**Brief Overview:** In order to pass the ball to your teammate you have to say their name first.

**Instructions:** Split your team into smaller groups of five to six players. Spread out. Start off by handing one player on each team a basketball. Every player must touch the ball once during the drill. Two players may not touch the ball at the same time, so it must be passed to the next player. The person passing the ball must say the name of the next player to get the ball. This drill is timed, with the clock starting as soon as the first player calls out a teammate's name. The timer stops when the last player gets the ball. This drill encourages the habit of passing and involving every teammate in the play.

**Discussion points:**

1) What do you feel you took away from this task?