

Blind Retriever

Equipment Required: 1 x blindfold per team, markers, object to retrieve (can be anything: water bottle, ball etc)

Space Required: Medium-Large. Delivered indoor or outdoors. The bigger the space the better.

Group Size: 8-24 (per instructor split into smaller teams)

Skills: Communication, Cooperation, Trust and Leadership

Brief Overview: In this challenging blindfold activity, groups are split into smaller sub-teams and must compete against each other to try and retrieve an object. One person is blindfolded on each team and is directed by the rest of the team to try and find the object before the other teams do.

Instructions: Split into smaller sub-teams and blind fold one person from each team. Place an object somewhere within the area. Have the teams spin their blindfolded team mate around for a few seconds. Whichever way they are facing when they stop that is where they will start. The blindfolded team mate is then directed by his/her teammate to try and retrieve the object before the other teams do.

Discussion Points:

- 1) Why were you successful (or unsuccessful) at completing the challenge?
- 2) How well did the retriever listen to instructions?
- 3) How well did the team direct the retriever?
- 4) Was everyone involved and help each other?
- 5) What was the purpose of the challenge?
- 6) What do you feel you took away from this task?