



Human Centipede

Equipment Required: Students

Space Required: Medium to Large

Group Size: 8 or more

Skills: Communication and Teamwork

Brief Overview: Students sit on the floor in a single file line, straddling the student in front of them. The only student touching the ground with his feet is the first student in line. Students must move from one point to another by walking on their hands. This requires everyone to move in unison.

Instructions: Students sit on the floor in a single file line, straddling the student in front of them. All students lock their feet around the waist of the person in front of them so everyone's feet are off the ground. The only students touching the ground with their feet is the first student in line. The object is to move from one point to another by walking on their hands. This requires everyone to move in unison.

Discussion Points:

1) What do you feel you took away from this task?