



Snake

Equipment Required: Throwable items, Bucket, Blindfolds

Space Required: Small to large

Group Size: 4 or more

Skills: Communication, Trust, Leadership

Brief Overview: A sighted student in the back of the line will guide the unsighted (blindfolded) teammates in the front of the line, picking up objects off the ground and taking them to deposit in a designated bucket. Once the item is in the bucket, the player at the beginning of the line takes off the blind fold and rotates to the back of the line, becoming the sighted person. The activity is completed when the person that was first in the back is now in the front.

Instructions: Feel free to divide into smaller teams to create a competition or have the whole group act as one big team. 1) Line the group up single file placing their hands on the student's shoulders directly in front of them. 2) Blindfold everyone in the line, except for the person in the rear (sighted person). 3) Throw objects on the field/gym floor. 4) Designate a bucket to place the collected objects. 5) The sighted person in the rear must direct his/her teammates in the line to pick up an object of his/her choosing. 6) The person in the front of the line must pick up the object and then place it in the designated bucket. 7) The person who just put the object in the bucket gives his blindfold to the person in the back of the line and lines up behind him, becoming the sighted person in the rear of the line. 8) This new sighted person now directs the team, following the same process as before. 9) The activity is completed when the person who started in the rear has completed her/his turn in front.

Examples of "throwables" include balls, frisbies, shoes, rags...

Discussion Points:

- 1) How did the group communicate with each other?
- 2) How well did the group listen to the sighted person?
- 3) Was there one particular person who did a better job as the sighted person (leader) than any others? If so, why?
- 4) If you were to do this exercise again, how would you do it differently?
- 5) What did you learn about teamwork?
- 6) What did you learn about leadership?
- 7) What do you feel you took away from this task?